

Title Instrumental and sensory quality characteristics of 'Gala' apples in response to prestorage heat, controlled atmosphere, and air storage.

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Citation Journal of the American Society for Horticultural Science Vol: 127 (2002); 1006-1012

Abstract

Fruit quality, sensory characteristics and volatiles produced by apple (*Malus domestica* [*M. pumila*]) cv. Gala were characterized following regular atmosphere (RA) storage without and with a prestorage heat treatment (38 deg C for 4 days) or controlled atmosphere (CA) storage at 0 and 2 deg C for 0 to 6 months plus 7-day shelf life at 20 deg C. Static CA conditions were 0.7 kPa O₂ plus 1.0 kPa CO₂, 1.0 kPa O₂ plus 1.0 kPa CO₂, and 1.5 kPa O₂ plus 2.5 kPa CO₂. Most of the more abundant volatiles were esters; the rest were alcohols, an aldehyde, a ketone, and an aryl ether. Respiration and ethylene production rates, internal atmospheres of CO₂ and ethylene, and volatile levels were reduced following CA storage compared with RA storage without and with a prestorage heat treatment. Magness-Taylor and compression firmness, titratable acidity, and sensory scores for firmness, sourness, apple-fruity flavour, and overall acceptability were higher for CA- than for RA-stored fruit. Soluble solids content and sensory scores for sweetness were similar among all treatments. Quality and sensory characteristics were generally similar in heated and nonheated RA-stored fruit, and between 0 and 2 deg C in CA- and RA-stored fruit. While one CA regime had a higher CO₂ concentration than the others tested, CA effects on quality and sensory characteristics were generally more pronounced at the lower O₂ levels. Quality characteristics declined between 2 and 4 months of storage. The results indicate that short-term CA storage can maintain instrumental and sensory quality of Gala.