

Title Effect of 1-MCP on quality and antioxidant capacity of *in vitro* digests from ‘Sunrise’ apples stored at different temperatures

Author Songshan Qiu, Changwen Lu, Xihong Li and Peter M.A. Toivonen

Citation Food Research International, Volume 42, Issue 3, April 2009, Pages 337-342

Keywords ‘Sunrise’ apple; Bioaccessibility; 1-methylcyclopropene; Quality; *in vitro* digestion

Abstract

The antioxidant capacities of phenolic and non-phenolic fractions for *in vitro* digestates from ‘Sunrise’ apple were assessed after postharvest application of 1-methylcyclopropene (1-MCP), a ripening inhibitor, and three weeks storage at 5, 13, 15, 18 and 22 °C. An *in vitro* digestion system was used to generate the soluble bioaccessible digestate which was then fractionated into phenolic and non-phenolic fractions. The two fractions were assayed for Folin-Ciocalteu Reaction (FCR) reducing capacity and peroxy radical scavenging capacity. Quality retention of the fruit was assessed by measuring internal ethylene concentration, firmness and titratable acidity. Treatment with 1-MCP inhibited internal ethylene concentration and better maintained the firmness and titratable acidity of ‘Sunrise’ summer apples as compared with untreated control apples at storage temperatures of 15 °C and above. The FCR reducing capacity of the phenolic fraction of the *in vitro*, simulated gastrointestinal digestates showed similar response as did the quality measures, with significantly higher activity in the 1-MCP treated fruit at higher storage temperatures. However, no consistent differences were found between 1-MCP and control treatments for the FCR reducing capacity of the non-phenolic fraction or for the peroxy radical scavenging capacity of either fraction. The non-phenolic fractions consistently had higher levels of both types of antioxidant capacities. Treatment and storage of ‘Sunrise’ apples at elevated temperatures (> 13 °C) resulted in improved fruit quality and retention of reducing capacity in simulated gastrointestinal digestates.