

Title Shelf-life extension of highbush blueberry using 1-methylcyclopropene stored under air and controlled atmosphere

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Citation Food Chemistry, Volume 126, Issue 4, 15 June 2011, Pages 1812–1816

Keywords 1-Methylcyclopropene; Anthocyanin contents; Berry fruit; CA storage; Lateblue; Phenolic contents; Postharvest; Quality; RA storage; Total antioxidant capacity

Abstract

The potential of 1-methylcyclopropene for controlling ripening in ‘Lateblue’ blueberry fruit was explored. After harvest, blueberry fruits were exposed to 1-MCP (0.3 and 0.6 $\mu\text{l l}^{-1}$). After treatment, samples were stored in air at 0 °C for 35 days and in a controlled atmosphere (3 kPa O₂ + 11 kPa CO₂) for 60 days. Quality parameters were monitored (weight loss, total soluble solids content, titratable acidity, firmness, anthocyanin content, phenolic content, total antioxidant capacity). Blueberries treated with 1-MCP showed a reduced weight loss during storage and a lower total soluble solid content compared to untreated fruit. High titratable acidity values were observed after controlled atmosphere storage, but no significant effect of 1-MCP on this parameter was observed. 1-MCP had no significant effects on anthocyanins, phenolics or antioxidant activities.